

 Halstead, Mid-Essex & Surrounds

Your local support guide

A Forest Homecare Guide



Forest 
Homecare

www.foresthomecare.com

At Forest Homecare, we know that life is richer when you're connected to the world around you. Our team is proud to support people right across Mid-Essex from Halstead to Braintree and beyond, and we've pulled together some of the best local activities and community groups to help you make the most of every day.

Mid-Essex is a wonderful place to live and visit. With engaging social groups, activities, and fun attractions, there's plenty to keep you busy.



Local day centres

Spending time with others can make a real difference. These local day centres offer a safe, welcoming space to connect and enjoy a friendly chat.

Day Centre Braintree

0333 013 5438 | www.ecl.org/braintree-op



Inclusive activities

Staying active and engaged is a must for everyday well-being. These inclusive activities provide opportunities to get out, have fun, and feel part of the community.

Rock Choir Braintree

01252 714 276 | www.rockchoir.com

Dementia Friendly Cinema

07778 025490 | www.empire-theatre.co.uk



Attractions to visit

A simple day out can lift the spirit. These local spots are ideal for gentle outings, whether you're enjoying the outdoors or taking in something new.

Discovery Centre Great Notley

03330 132900 | www.explore-essex.com

Paycocke's House and Garden

0344 249 1895 | www.nationaltrust.org.uk

Local support services in Halstead and the surrounding Mid-Essex area

Sometimes, we all need a bit of extra support. If that time comes, local organisations are here to offer friendly guidance and helpful services. Local NHS services may offer health care, transport, and community support.

NHS services

Braintree Community Hospital
0200 443 0103

Continuing Health Care
0800 088 7777

Broomfield Hospital
0300 443 0001

District Nursing – Continence
Service – OT Services
0300 1310 111

Council support

Essex Adult Social Care
0345 603 7630

Mediquip:
03330 342048

Private providers

Chiropodist, M Lister
01787 269267

Earwax removal, Debbie
07969 541201

Charities

Age UK
01245 346107

Farleigh Hospice
01245 457300

Need support from a local care team? We're here to help

Mid Essex has so much to offer, and everyone deserves the chance to enjoy it. If you'd like support getting out and about, or simply want to find out how Forest Homecare can help you or a loved one live well, reach out to our friendly team today.



Mid-Essex

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